



## City of Frisco

### Over the Counter Drugs

The following drug classes will be set up to allow for the \$5 over the counter coverage.

- I. Generic and brand proton pump inhibitors - whose main action is a pronounced and long-lasting reduction of gastric acid production. The following are examples of these over-the-counter drug options.
  - lansoprazole (Prevacid)
  - omeprazole magnesium (Prilosec)
  - omeprazole and sodium bicarbonate (Zegerid)
  - esomeprazole magnesium (Nexium)
- II. Generic and brand H<sub>2</sub> Antagonists - also called H<sub>2</sub> blockers, are a class of medications that block the action of histamine at the histamine H<sub>2</sub> receptors of the parietal cells in the stomach. This decreases the production of stomach acid for treatment for GERD (Gastroesophageal reflux disease)
  - famotidine (Pepcid-AC)
  - cimetidine (Tagamet and Tagamet-HB)
  - ranitidine (Zantac and Zantac 75)
- III. Generic or brand non-sedating antihistamines - reduce or stop sneezing, runny noses, and itching, commonly used for allergies.
  - cetirizine (Zyrtec)
  - fexofenadine (Allegra)
  - levocetirizine (Xyzal)
  - loratadine (Alavert, Claritin)
  - cetirizine with pseudoephedrine (Zyrtec-D)
  - fexofenadine with pseudoephedrine (Allegra-D)
  - loratadine with pseudoephedrine (Claritin-D, Alavert-D)

Please call or contact our Cigna Navigator to our account for questions or to connect your pharmacy with our specific Cigna prescription Plan at [mycignahelper@cigna.com](mailto:mycignahelper@cigna.com) or at 214-490-9002. You can also contact the mainline at Cigna at 800-244-6224 to seek assistance.

## Rules and Tips for this discount:

**Eligibility:** This benefit is available to employees and dependents enrolled in a City of Frisco Medical Plan

- Find out what medication and quantity you currently take or need. Ask your physician to write you a prescription script for this.
- The prescription must be written for the exact drug name, quantity, etc. that is on the package you purchase. (Examples: Fexofenadine, 24-hour, 30 tablets; Allegra-D, 12-hour, 15 capsules)
- Call your local in-network pharmacy in advance to ensure that your medicine is in stock.
- When you go to the pharmacy, pick up your medication from the shelf and present it with your prescription script at the pharmacy register.
- The \$5 copay is the price per package purchased, whereas typical prescription medications are written for dosage and days.
- You will pay the full retail price for your drugs if you do not present a prescription at the pharmacy.
- Although a prescription is not required by law to purchase OTC drugs, the City's prescription drug program requires it so that you can receive the discounted price. The pharmacy must send the prescription claim to our insurance Plan to run the proper \$5 OTC benefits.
- Medications covered under this benefit are subject to change as new drugs become available and other drugs are discontinued by the manufacturer.

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